

Case Study - Ankle Fracture

Patient is a 51yr old male who presented to the ER with a painful, open, deformed left ankle. The left foot is without pulses and white. Patient reports a history falling from his recumbent bicycle while riding in a local park just prior to presentation at the ER via EMS. There is a 2.5cm laceration to the inside of the ankle with protruding bone.



The patient was immediately taken to the operating room to clean out the wound and repair the broken bones to their normal alignment.





Here you see a long plate and multiple screws to hold the bones in position until they heal

The patient was immobilized for 6-8 weeks in a short leg cast, and then allowed to weight bear as tolerated in a cast boot. The wound was checked on a weekly basis until healed.

This is a case study of an unstable open fracture. These are surgical emergencies and need to be dealt with in a timely fashion.

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